





Gratitude Day

Today I have planned your lessons as I know how hard it has been for us all over the past few weeks. I know it feels like ages since we have seen each other but we have needed to keep each other safe by staying inside. I have missed you all and I have tried to think how lucky we are to be living where we do and having such great families to keep us well. So today I am asking you all- parents too- to take some time to look at all the good things we have in our life and to be THANKFUL.

So here is my list. I hope you can complete all of these tasks and perhaps think of a few more!!!


1 Each member of the family writes down the letters of the alphabet on strips of paper and then writes something they are grateful for beginning with each letter.

2  Turn these stripes into a paper chain and hang where everyone can see this. You may like to decorate your strips before you assemble.

3  Find a clean jar and label it as your Grateful Jar. Place the jar where everyone can see it and each day place a note inside telling your family what you are thankful for. At the end of the week when you all are gathered for a meal have different members read out the notes you have collected.

4 Collect some round small stones when you are next out walking. Paint/ decorate these stones and write a kind note on each. You may need to use textas. When you out walking again place these stones along your

route for others to find. You also need to look for stones left by our other families in the days to come.

- 5**  Make some small "thank you" notes and either give them to members of your families or post to someone special who you cannot visit or drop them in the letter boxes of your neighbours or friends. You might see how clever you are and make an envelope to match.

- 6** Make a list of your favourite songs or record yourself singing a favourite. Remember to be "nice" - so soft voices and try to keep in tune! Maybe another family member can help or you might do it as a family group. Maybe you are lucky and someone plays a musical instrument to assist. Kitchen spoons can come in handy!


- 7** Make a "Bingo" or "Concentration" game by drawing your favourite things. You will need 2 pictures of each item. Make sure you all know the rules and take turns. You may need to teach your parents and be kind to them and let them win occasionally!

- 8** Perhaps you can help make a special family meal and include some of your favourite dishes. Survey each family member to find their :



- + favourite main meal
- + favourite dessert
- + favourite drink
- + favourite restaurant

Record this information in some form of graph - Don't forget to help with the preparation and the cleaning up! A menu could be designed and the table set to hold this special meal. Take a photo to share and remember.

- 9**  Could you volunteer to do some jobs around the house this week and complete them without being reminded? Make a list and put it somewhere to help you remember.

- 10** Can you write a list of compliments- about 10 would be good and each day this week give 2 to different family members or your neighbours if you know them.

11



Scavenger Hunts are good fun. Can each member of your family write down 2/3 things to find. Make a list and give each member a copy. Set a time limit and then see who has collected the most!

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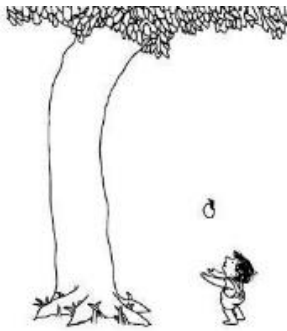
If you are allowed- look through some old photographs and talk about what you were doing and your favourite memories. Perhaps you could draw and make a family memento to save. You could cut pictures from magazines but remember to ask first and clean up any mess.

13



We always expect "Good Manners" from our Blackwell family so make sure that you demonstrate these each and every day.

14



We have so much to be thankful for that today should have been easy and perhaps you can continue this all week. When you come back to school I hope you will see our staffroom tree decorated with the things we as teachers here at Blackwell are grateful for and have hung as a reminder that we are indeed "The Lucky Country."

I am hoping that we will get to see each other soon.



I hope you are also looking forward to coming back to school and sharing all the many things you have been doing and learning.

Kris Hudswell

Principal